



Course Outline

OEEDU1002 BUSHWALKING

Title:	BUSHWALKING
Code:	OEEDU1002
Formerly:	HM787
School / Division:	School of Health Sciences
Level:	Introductory
Pre-requisites:	Nil
Co-requisites:	Nil
Exclusions:	(HM787) (HM781 and HM787)
Progress Units:	7.5
ASCED Code:	70301

Objectives:

After successfully completing this course, students should be able to:

Knowledge:

- Describe the aims and rationale for bushwalking in an outdoor education program
- Deliver and discuss information on a variety of topics related to bushwalking
- Understand the key points to use when planning a walk route from a map and how this will relate to reality
- Understand key principles of minimal impact bushwalking
- Understand how wind direction and strength, cloud type and temperature can be used to predict the weather
- Recognise the importance of a Risk Management Plan, Emergency Response Plan, Trauma Management and Search and Rescue considerations in both the planning stages and during a bushwalk
- Understand the general principles of light weight bushwalking equipment choice and care
- Develop understanding of leadership and decision-making

Skills:

- Demonstrate effective use of bushwalking theory in practical settings
- Develop and apply leadership and organisational skills
- Improve personal skills in an outdoor settings
- Improve personal bush walking skills including use of a Trangia, use of tents, navigation, nutrition, hygiene, staying comfortable in adverse conditions and walking with a load
- Develop an ability to conduct bushwalking programs in remote areas causing minimal



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- damage to the surroundings
- Be able to respond appropriately to emergency situations
- Apply other theoretical knowledge as required during the bushwalk

Values:

- Develop an appreciation of the natural environment
- Appreciate the benefits that can be gained from bushwalking in remote areas
- Appreciate the risks associated with bushwalking in remote areas
- Recognise the fragility of natural environments and the human impact on these environments
- Appreciate the joy of living in the natural environment for an extended time and the satisfaction of travelling on foot
- Recognise the detail required for the planning, organisation and execution of an extended trip, especially in remote areas
- Appreciate the benefits of cooperation and team work in all stages of planning and participation on the bushwalk

Content:

Topics may include:

- Planning and organising a bushwalk – Department of Education Safety Guidelines
- Personal preparation for a bushwalk
- Use and care of light weight bushwalk equipment
- Bushwalk responsibilities of individual & group
- Menu planning
- Risk management, safety guidelines & emergency response plan
- Route planning
- Navigation and map reading
- Leadership and decision making
- Environmental issues
- Weather Interpretation

Learning Tasks & Assessment:

Learning Task	Assessment	Weighting
Preparation for a bushwalk	Bushwalk Plan	30-50%
Participation in a bushwalk	Participation	10-30%
Review of course materials	Class Test	40-60%

Adopted Reference Style:

APA

Handbook Summary:

This course develops knowledge, skills and values related to planning and conducting a bushwalk in a remote environment. In particular, the course focuses on the use and care of light weight bushwalking equipment and clothing, route planning, menu planning, group



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management strategies, leadership and decision making, risk management, emergency response, navigation, weather interpretation, and environmental issues. Students participate in, and take a leadership role during, a four day bushwalk.